## **Elementary Menu**

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

| Monday, May 6             | Tuesday, May 7    | Wednesday, May 8        | Thursday, May 9     | Friday, May 10              |
|---------------------------|-------------------|-------------------------|---------------------|-----------------------------|
| Biscuit 30 g & gravy 5.9g | Super Donut 23g   | Breakfast Burrito 15.6g | Yogurt 19.5g        | Scrambled Eggs 1.8g         |
| Pineapple 16.6g           | String Cheese 1g  | Peaches 18.1g           | Toast 15.5g         | Toast 15.5g                 |
|                           | Mixed fruit 17.8g |                         | Strawberries 6.7g   | Pears 18.9g                 |
| Monday, May 13            | Tuesday, May 14   | Wednesday, May 15       | Thursday, May 16    | Friday, May 17              |
| Pancake on a stick 22g    | Waffles 37.3g     | Pancake bite 25.3g      | French Toast Sticks | Sausage & egg scramble 1.6g |
| Mandarin Oranges 20.1g    | Applesauce 11.5g  | PB cups7.8g             | Pineapple 16.6g     | Toast 15.5g                 |
|                           |                   | Peaches 18.2g           |                     | Mandarin Oranges 20.1g      |
|                           |                   |                         |                     |                             |
| Monday, May 20            | Tuesday, May 21   |                         |                     |                             |
| Muffin 23g                | Chef's choice     |                         |                     |                             |
| String Cheese 1g          | Applesauce 11.5g  |                         |                     |                             |
| Mixed fruit 17.8g         |                   |                         |                     |                             |
|                           |                   |                         |                     |                             |
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|                           |                   |                         |                     |                             |
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Daily Meals

• A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.

• Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.

• Carb Counts are listed in blue.

• Menus are subject to change without notice due to item availability and utilization at each school site.