## Elementary Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
<ol> <li>Super Nachos 25.2g, Black beans</li> <li>22.6g</li> <li>Corndog nuggets25.2g, wedges</li> <li>18.4g, carrots 8.7g</li> <li>Pineapple 16.6g</li> </ol>	<ol> <li>Hamburger 28g/ cheeseburger 29g. Waffle fries 22.5g</li> <li>Cheese Quesadilla 32g Green Beans 4.9g applesauce 15g</li> </ol>	<ol> <li>Pizza <u>See List</u></li> <li>Turkey &amp; cheese sandwich 32.2g</li> <li>Chef choice veg</li> <li>Pears 19g</li> </ol>	<ol> <li>Spaghetti 34g &amp; sauce 7.8g, garlic bread 15.6g</li> <li>Chicken filet sandwich 38.8g Roasted broccoli 7.6g Peaches 18.2g</li> </ol>	Chicken nuggets 16.3g Tots 14.1g Roll 14g Mandarin oranges 20.1g
Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16	Friday, May 17
<ol> <li>Grilled Cheese 35g, Steamed Carrots</li> <li>8.7g</li> <li>Orange Chicken18.1g, Oriental veg</li> <li>2.7g, brown rice 17.5g</li> <li>Peaches 18.1g</li> </ol>	<ol> <li>Salisbury Steak 4g</li> <li>chicken drumsticks 2g</li> <li>Mashed potatoes with gravy 11g</li> <li>Green beans 3.3g</li> <li>Blueberry squares 30.4g</li> <li>Rosy applesauce 14.9g</li> </ol>	1. Pizza <u>See List</u> , black-eyed peas 32.1g 2. Bento Box 62.5g Peaches 18.1g	<ol> <li>Hamburger 28g/ cheeseburger 29g.</li> <li>Side salad 1.2g</li> <li>Chicken Filet Sandwich 38.7g</li> <li>Broccoli 4.3g</li> <li>Mixed Fruit 17.8g</li> </ol>	Chicken nuggets 16.3g Tots 14.1g Roll 14g Mandarin oranges 20.1g
Monday, May 20	Tuesday, May 21			
1. Cherry Blossom Chicken 33g, brown rice17.5g, chef choice veg 2.Chef Choice Carrot 8.7g Pineapple 16.6g	1. Bento Box 62.5g 2.Chef Choice Pineapple 16.6g			

Daily Meals

• A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.

• Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.

• Carb Counts are listed in blue.

• Menus are subject to change without notice due to item availability and utilization at each school site.

This institution is an equal opportunity provider and employer