## Elementary Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential

| worker protocols set by the CDC |  |  |  |  |
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| Monday, May 6 | Tuesday, May 7 | Wednesday, May 8 | Thursday, May 9 | Friday, May 10 |
| 1. Super Nachos 25.2 g , Black beans 22.6 g <br> 2. Corndog nuggets 25.2 g , wedges 18.4 g , carrots 8.7 g <br> Pineapple 16.6 g | 1. Hamburger $28 \mathrm{~g} /$ cheeseburger 29g. <br> Waffle fries 22.5 g <br> 2. Cheese Quesadilla 32g <br> Green Beans 4.9g <br> applesauce 15g | 1. Pizza See List <br> 2. Turkey \& cheese sandwich 32.2 g <br> Chef choice veg <br> Pears 19g | 1. Spaghetti 34 g \& sauce 7.8 g , garlic bread 15.6 g <br> 2. Chicken filet sandwich 38.8 g <br> Roasted broccoli 7.6 g <br> Peaches 18.2 g | Chicken nuggets 16.3 g <br> Tots 14.1 g <br> Roll 14g <br> Mandarin oranges 20.1g |
| Monday, May 13 | Tuesday, May 14 | Wednesday, May 15 | Thursday, May 16 | Friday, May 17 |
| 1. Grilled Cheese 35g, Steamed Carrots 8.7 g <br> 2. Orange Chicken18.1g, Oriental veg 2.7 g , brown rice 17.5 g <br> Peaches 18.1g | 1. Salisbury Steak 4g <br> 2. chicken drumsticks 2 g <br> Mashed potatoes with gravy 11 g <br> Green beans 3.3 g <br> Blueberry squares 30.4 g <br> Rosy applesauce 14.9 g | 1. Pizza See List, black-eyed peas 32.1 g <br> 2. Bento Box 62.5 g <br> Peaches 18.1g | 1. Hamburger $28 \mathrm{~g} /$ cheeseburger 29g. Side salad 1.2 g <br> 2. Chicken Filet Sandwich 38.7g <br> Broccoli 4.3 g <br> Mixed Fruit 17.8g | Chicken nuggets 16.3 g <br> Tots 14.1 g <br> Roll 14g <br> Mandarin oranges 20.1g |
| Monday, May 20 | Tuesday, May 21 |  |  |  |
| 1. Cherry Blossom Chicken 33g, brown rice17.5g, chef choice veg <br> 2.Chef Choice <br> Carrot 8.7 g <br> Pineapple 16.6g | 1. Bento Box 62.5 g <br> 2.Chef Choice <br> Pineapple 16.6g |  |  |  |
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## Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in blue.
- Menus are subject to change without notice due to item availability and utilization at each school site.

