BAFA Menu

Menus subject to change / Students must select a fruit or vegetable to have a complete meal according to federal guidelines
Students must take a fruit or vegetable to have a qualifying meal

Monday, March 4	Tuesday, March 5	Wednesday, March 6	Thursday, March 7	Friday, March 8
Cici's Pizza-see list	Cici's Pizza- <u>see list</u>	Cici's Pizza- <u>see list</u>	Cici's Pizza- <u>see list</u>	Cici's Pizza- <u>see list</u>
Teriyaki Chicken 28g Midori veg. 9.4g brown rice 35g	Honey Sriracha chicken 34g Kyoto veg 9.3g brown rice 35g	Orange Chicken 38.4g, Oriental veg 2.7g Brown Rice 35g	General Tso Chicken 36.5g, Brown Rice 35g Kyoto veg 9.3g	Cherry Blossom Chicken 41.7g, Midori veg. 9.4g Brown Rice 35g
Chicken Wings 1.7g Hot Roll 25.5g Fresh carrots and celery	Chicken & Noodles 28g Hot Roll 25.5g	Burrito 23.4g Churro Beans 28g	Mac & Cheese 26.5g Cowboy Bread 28.9g Broccoli 4.4g	Chicken Fried Steak 14g Mashed Potatoes 18.2g/gravy 7.7g WW Roll 25.5g
Pretzel Burger 30g Spiral Fries	Turkey Ranch Wrap 58g Chips 39.7g Cowboy Caviar 21.9g	Popcorn Chicken 15g WW Roll 25.5g Seasoned Fries 20.2g	Hot Dog 31g Waffle Fries 22.5g	Chicken Tenders 16.1g Roll 25.5g Tots 14.1g
Pineapple 16.6g	Diced Pears 18.9g	Mandarin Oranges 20.1g	Applesauce 15g	Banana 27g

Daily selections available w, baby carrots, green salad, beans, and seasonal vegetables.

Don't forget our coffee bar for quick beverages and grab-n-go snacks.

Carb counts are listed in red by the food item.