## BAFA Menu

Menus subject to change / Students must select a fruit or vegetable to have a complete meal according to federal guidelines Students must take a fruit or vegetable to have a qualifying meal

| Monday, March 4 | Tuesday, March 5 | Wednesday, March 6 | Thursday, March 7 | Friday, March 8 |
| :---: | :---: | :---: | :---: | :---: |
| Cici's Pizza-see list | Cici's Pizza-see list | Cici's Pizza-see list | Cici's Pizza-see list | Cici's Pizza-see list |
| Teriyaki Chicken 28g Midori veg. 9.4 g brown rice 35 g | Honey Sriracha chicken 34g Kyoto veg 9.3 g brown rice 35 g | Orange Chicken 38.4g, Oriental veg 2.7 g <br> Brown Rice 35g | General Tso Chicken 36.5g, <br> Brown Rice 35 g <br> Kyoto veg 9.3 g | Cherry Blossom Chicken 41.7 g , <br> Midori veg. 9.4 g <br> Brown Rice 35g |
| Chicken Wings 1.7g <br> Hot Roll 25.5 g <br> Fresh carrots and celery | Chicken \& Noodles 28 g Hot Roll 25.5g | Burrito 23.4g Churro Beans 28g | Mac \& Cheese 26.5 g Cowboy Bread 28.9g Broccoli 4.4g | Chicken Fried Steak 14g Mashed Potatoes 18.2g/gravy 7.7 g WW Roll 25.5 g |
| Pretzel Burger 30g Spiral Fries | Turkey Ranch Wrap 58g Chips 39.7g Cowboy Caviar 21.9g | Popcorn Chicken 15 g WW Roll 25.5 g Seasoned Fries 20.2g | Hot Dog 31g Waffle Fries 22.5 g | Chicken Tenders 16.1 g <br> Roll 25.5 g <br> Tots 14.1 g |
| Pineapple 16.6g | Diced Pears 18.9g | Mandarin Oranges 20.1g | Applesauce 15g | Banana 27g |

Daily selections available w, baby carrots, green salad, beans, and seasonal vegetables.
Don't forget our coffee bar for quick beverages and grab-n-go snacks.
Carb counts are listed in red by the food item.

