

NSU Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
1. Sausage Biscuit 361g 2. Glazed donut 38.2g, string cheese 1g Applesauce 15g	1. Pancake bites 25.3g, PB cups 7.8g 2. Mini Loaf 27g, String Cheese 1g Pears 18.9g	Donut 22.9g, String Cheese 1g Peaches 18.2g	1. Yogurt 39g, Granola 15.6g, mini loaf 27g 2. Muffin 23g String Cheese 1g Mandarin Oranges 20.1g	Virtual Day
Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12
No School	1. Donut 22.9g, String Cheese 1g Applesauce 15g	1. Tiger Breakfast Sandwich 30.3g, wedges 7.5g 3. Muffin 24g, String Cheese 1g Pears 18.9g	1. Yogurt 39g, Granola 15.6g, mini loaf 27g 2. Sausage cheese biscuit 32g Peaches 18.1g	Mini Loaf 27g, String Cheese 1g Pineapple 16.6g
Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
1. Sausage Biscuit 361g 2. Glazed donut 38.2g, string cheese 1g Applesauce 15g	1. Pancake bites 25.3g, PB cups 7.8g 2. Mini Loaf 27g, String Cheese 1g 3. Chicken Waffle 13g Pears 18.9g	1. Donut 22.9g, String Cheese 1g Peaches 18.2g	1. Pretzel bun breakfast sandwich 29.2g 2. Muffin 23g String Cheese 1g Mandarin Oranges 20.1g	Glazed Donut 38.2g String Cheese 1g Pineapple 16.6g
Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
1. Chicken Biscuit 36g 2. Mini Loafs 27g, String Cheese 1g Applesauce 15g	Donut 22.9g, String Cheese 1g Mixed fruit 17.8g	Tiger Breakfast Sandwich 30.3g, wedges 7.5g Pears 18.9g	Sausage cheese biscuit 32g Peaches 18.1g	1. Glazed Donut 38.2g String Cheese 1g 2. Pancake on a stick 22g, syrup 26.1g Pineapple 16.6g
Monday, April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3
1. Sausage Biscuit 361g 2. Glazed donut 38.2g, string cheese 1g Applesauce 15g	1. Pancake bites 25.3g, PB cups 7.8g 2. Mini Loaf 27g, String Cheese 1g Pears 18.9g	Donut 22.9g, String Cheese 1g Peaches 18.2g	1. Yogurt 39g, Granola 15.6g, mini loaf 27g 2. Muffin 23g String Cheese 1g Mandarin Oranges 20.1g	No School

Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in blue.
- Menus are subject to change without notice due to item availability and utilization at each school site.

This institution is an equal opportunity provider and employer