BA OPTIONS ACADEMY **WEEK #4**

	MON. SEPT. 18	TUES. SEPT. 19	WED. SEPT. 20	THURS. SEPT. 21	FRI. SEPT. 22
Entrée/Choose One: Salad Bar offered each day	Premium Chicken Filet Sandwich47 Chicken Chunks25 WW Roll25.46 Cici's Pizza	Spaghetti/Meat Sauce 45.56 6.54 Garlic Bread 27.29 Corn Dog Nuggets 26.22 Subway	Chicken Strips24.21 WW Roll25.46 Salisbury Steak2.30 , Blueberry Square63.82 Teriyaki Chicken28.10, Brown Rice35	Oven Fried Chicken 5 WW Roll25.46 Taco Salad 22.59, WW Roll25.46 Turkey/Cheese sandwich on Ciabatta32.04 Lett. Leaf/Tomato Slice1.29	Chicken Fried Steak46 WW Roll25.46 Hamburger28/ Cheeseburger29 Chef Choice
Vegetables/Choose up to two: *Baby carrots & green salad offered daily*	Steamed Carrots8.69 Waffle Fries22.19 Chef Choice vegetable	Winter Mix4.29 Baked Fries18.22 Celery Sticks1.92	Steamed Green Peas 12.36 Mashed Potatoes21.95 Baked Fries32.40	Green Beans4.92 Mashed Potatoes21.95 Black Beans 21.98	Mashed Potatoes21.95 Spiral Fries14.17 Fresh Veggie Cup3.54
Fruit/Choose up to two: *Apples offered daily*	Plums7.54 Applesauce Cup	Kiwi10.12 Raisins 29.98	Fruit Cocktail 17.77 Strawberries 13.36	Banana 26.95 Pineapple/Berry Cup 12.61	Chef Choice Fruit Chilled Peaches18.14

All meals come with choice of milk.
Students must select a fruit or vegetable in order to have a complete meal according to federal guidelines.
Menus subject to change

Broken Arrow Public Schools is an equal opportunity provider and employer.