## Summer Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, July 1	Tuesday, July 2	Wednesday, July 3	Thursday, July 4	Friday, July 5
No	No	No	No	No
Summer Feeding	Summer Feeding	Summer Feeding	Summer Feeding	Summer Feeding
Monday, July 8	Tuesday, July 9	Wednesday, July 10	Thursday, July 11	Friday, July 12
Chicken Fried Steak Sandwich 42g Black-eyed Peas 32.1g Mixed Fruit 17.8g Milk 11g	Hamburger/cheeseburger 28g/29g Raw broccoli 4.3g Pineapple 16.6g Milk 11g	Chicken Tenders 16.1g Hot Roll 15.1g Corn 21.3g Mandarin Oranges 20.1g Milk 11g	Turkey Ranch Wrap 53.5g Baby carrots 5.8g Peaches 18.1g Milk 11g	No Summer Feeding
Monday, July 15	Tuesday, July 16	Wednesday, July 17	Thursday, July 18	Friday, July 19
Popcorn Chicken 15g	Super Nachos 25.2g	Stuffed Cheese Sticks 34g	Grilled chicken sandwich	No
Hot Roll 25.5g	Black Beans 19.9g	Marinara 6.5g	Raw broccoli 4.3g	Summer Feeding
Corn 21.3g	Mandarin Oranges 20.1g	Baby Carrots 5.8g	Mixed Fruit 17.8g	
Pineapple 16g	Milk 11g	Applesauce 5.5g	Milk 11g	
Milk 11g		Milk 11g		
Monday, July 22	Tuesday, July 23	Wednesday, July 24	Thursday, July 25	Friday, July 26
Turkey Sandwich 32.2g	Cherry Blossom Chicken 33g	Popcorn Chicken 15g	Chef Choice	No
Baby Carrots 5.8g	Brown rice 17.5g	Hot Roll 15.1g	Milk 11g	Summer Feeding
Peaches 18.1g	Steamed Broccoli 4.3g	Baked beans 33g		
Milk 11g	Mandarin Oranges 20.1g	Applesauce 15g Milk 11g		
	Milk 11g	MIIK 11g		
Monday, July 29 <sup>th</sup>	Tuesday, July 30 <sup>th</sup>	Wednesday, July 31st		
Turkey Sandwich 32.2g	Pizza Crunchers	Chef Choice		
Baby Carrots 5.8g	Mandarin Oranges 20.1g	Milk 11g		
Peaches 18.1g	Milk 11g			
Milk 11g				

Meals are subject to change. Broken Arrow Schools are an equal opportunity provider