

Summer Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, July 1	Tuesday, July 2	Wednesday, July 3	Thursday, July 4	Friday, July 5
Turkey Sandwich 32.2g Baby Carrots 5.8g Peaches 18.1g Milk 11g	Spaghetti w/ meat sauce 41.8g Garlic Toast 15.5g Steamed Broccoli 4.3g Craisins 33g Milk 11g	Popcorn Chicken 15g Hot Roll 15.1g Baked beans 33g Applesauce 15g Milk 11g	No Summer Feeding	No Summer Feeding
Monday, July 8	Tuesday, July 9	Wednesday, July 10	Thursday, July 11	Friday, July 12 (Timber Ridge only)
Chicken Fried Steak Sandwich 39g Black-eyed Peas 32.1g Mixed Fruit 17.8g Milk 11g	Hamburger/cheeseburger 28g/29g Raw broccoli 4.3g Pineapple 16.6g Milk 11g	Chicken Tenders 16.1g Hot Roll 15.1g Corn 21.3g Mandarin Oranges 20.1g Milk 11g	Turkey Ranch Wrap 53.5g Baby carrots 5.8g Peaches 18.1g Milk 11g	Chicken quesadilla 32g Salsa 2g Carrots & celery 4.2g Mixed Fruit 17.8g Milk 11g
Monday, July 15	Tuesday, July 16	Wednesday, July 17	Thursday, July 18	Friday, July 19 (Timber Ridge only)
Popcorn Chicken 15g Hot Roll 15.1g Corn 21.3g Pineapple 16g Milk 11g	Super Nachos 25.2g Black Beans 19.9g Mandarin Oranges 20.1g Milk 11g	Stuffed Cheese Sticks 34g Marinara 6.5g Baby Carrots 5.8g Applesauce 5.5g Milk 11g	Grilled chicken sandwich 28g Raw broccoli 4.3g Mixed Fruit 17.8g Milk 11g	Hot dog 31g Fresh zucchini 3.1g Mixed Fruit 17.8g Milk 11g
Monday, July 22	Tuesday, July 23	Wednesday, July 24	Thursday, July 25	Friday, July 26(Timber Ridge only)
Turkey Sandwich 32.2g Baby Carrots 5.8g Peaches 18.1g Milk 11g	Pizza Crunchers 41.9g Steamed Broccoli 4.3g Mandarin Oranges 20.1g Milk 11g	Popcorn Chicken 15g Hot Roll 15.1g Baked beans 33g Applesauce 15g Milk 11g	Chef Choice Milk 11g	Chef Choice Peaches 18.1g Milk 11g

Meals are subject to change.

Broken Arrow Schools are an equal opportunity provider