

Summer Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, June 3	Tuesday, June 4	Wednesday, June 5	Thursday, June 6	Friday, June 7 (Timber Ridge only)
Popcorn Chicken 15g Hot Roll 15.1g Corn 21.3g Pineapple 16g Milk 11g	Super Nachos 25.2g Black Beans 19.9g Mandarin Oranges 20.1g Milk 11g	Stuffed Cheese Sticks 34g Marinara 6.5g Baby Carrots 5.8g Applesauce 5.5g Milk 11g	Grilled chicken sandwich 28g Fresh Broccoli 4.3g Mixed Fruit 17.8g Milk 11g	Hot dog 31g Green Beans 4.9g Peaches 18.1g Milk 11g
Monday, June 10	Tuesday, June 11	Wednesday, June 12	Thursday, June 13	Friday, June 14 (Timber Ridge only)
Turkey Sandwich 32.2g Baby Carrots 5.8g Peaches 18.1g Milk 11g	Spaghetti w/ meat sauce 41.8g Garlic Toast 15.5g Steamed Broccoli 4.3g Craisins 33g Milk 11g	Popcorn Chicken 15g Hot Roll 15.1g Baked beans 33g Applesauce 15g Milk 11g	Orange Chicken 18.1g Brown rice 17.5g Green beans 4.9g Craisins 33g Milk 11g	Chicken quesadilla 32g Salsa 2g Carrots & celery 4.2g Mixed Fruit 17.8g Milk 11g
Monday, June 17	Tuesday, June 18	Wednesday, June 19	Thursday, June 20	Friday, June 21 (Timber Ridge only)
Chicken Fried Steak Sandwich 14g Black-eyed Peas 32.1g Mixed Fruit 17.8g Milk 11g	Hamburger/cheeseburger 28g/29g Raw broccoli 4.3g Pineapple 16.6g Milk 11g	Chicken Tenders 16.1g Hot Roll 15.1g Corn 21.3g Mandarin Oranges 20.1g Milk 11g	Turkey Ranch Wrap 26.8g Baby carrots 5.8g Peaches 18.1g Milk 11g	Hot dog 31g Fresh zucchini 3.1g Mixed Fruit 17.8g Milk 11g
Monday, June 24	Tuesday, June 25	Wednesday, June 26	Thursday, June 27	Friday, June 28 (Timber Ridge only)
Popcorn Chicken 15g Hot Roll 15.1g Corn 21.3g Pineapple 16g Milk 11g	Cherry Blossom Chicken 33g Brown rice 17.5g Steamed Broccoli 4.3g Mandarin Oranges 20.1g Milk 11g	Pizza Crunchers 31.4g Baby Carrots 5.8g Applesauce 5.5g Milk 11g	Chef Choice Fresh Broccoli 4.3g Mixed Fruit 17.8g Milk 11g	Chef Choice Peaches 18.1g Milk 11g

Meals are subject to change.

Broken Arrow Schools are an equal opportunity provider