

Vanguard Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
Muffin 23g, String Cheese 1g French toast sticks 26g, PB cups 7g Chicken Biscuit 36g Mixed fruit 17g	Mini Loaf 26g, String Cheese 1g Pancake Bites 25.3g, Peanut butter 7g Sausage Biscuit 31g Pears 15g	Cini Mini 40g String Cheese 1g Chicken Waffle 13g, syrup 26g Sausage Cheese Biscuit 32g Applesauce 15g	Super Donut 23g, String Cheese 1g Yogurt 39g, granola 16g, mini loaf 26g Peaches 18g	Virtual Day
Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12
No School	Cini Mini 40g String Cheese 1g Pancake Bites 25.3g, Peanut butter 7g Chicken Biscuit 36g Pears 15g	Super Donut 23g, String Cheese 1g Chicken Waffle 13g, syrup 26g Pancake on a Stick 22g, syrup 26g Peaches 18g	Muffin 23g, String Cheese 1g Yogurt 39g, granola 16g, mini loaf 26g Cheese & Bacon Pretzel Bun 29.2g	Mini Loaf 26g, String Cheese 1g Breakfast Pizza 27g Sausage Cheese Biscuit 32g Pineapple 16.6g
Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
Cini Mini 40g String Cheese 1g French toast sticks 26g, PB cups 7g Chicken Biscuit 36g Mandarin oranges 20g	Pancake Bites 25.3g, Peanut butter 7g Super Donut 23g, String Cheese 1g Sausage Biscuit 31g Pineapple 16.6g	Muffin 23g, String Cheese 1g Chicken Waffle 13g, syrup 26g Sausage Cheese Biscuit 32g Mixed fruit 17g	Yogurt 39g, granola 16g, mini loaf 26g Mini Loaf 26g, String Cheese 1g Applesauce 15g	Cini Mini 40g String Cheese 1g Breakfast Pizza 27g Pancake on a Stick 22g Pears 15g
Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
Super Donut 22.9g, String Cheese 1g French toast sticks 26g, PB cups 7g Sausage Biscuit 31g Applesauce 15g	Pancake Bites 25.3g, PB Cup 7.8g Muffins 23g, String Cheese 1g Chicken Biscuit 31g Pears 15g	Pancake on a Stick 22g Mini Loaf 26g, String Cheese 1g Chicken Waffle 13g, syrup 26g Peaches 18g	Cheese & Bacon Pretzel Bun 29.2g Yogurt 39g, granola 16g, mini loaf 26g Cini Mini 40g String Cheese 1g Mandarin oranges 20g	Super Donut 22.9g, String Cheese 1g Breakfast Pizza 27g Sausage Cheese Biscuit 32g Pineapple 16.6g
Monday, April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3
Muffin 23g, String Cheese 1g French toast sticks 26g, PB cups 7g Chicken Biscuit 36g Mixed fruit 17g	Mini Loaf 26g, String Cheese 1g Pancake Bites 25.3g, Peanut butter 7g Sausage Biscuit 31g Pears 15g	Cini Mini 40g String Cheese 1g Chicken Waffle 13g, syrup 26g Sausage Cheese Biscuit 32g Applesauce 15g	Super Donut 23g, String Cheese 1g Yogurt 39g, granola 16g, mini loaf 26g Peaches 18g	No School

Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.

This institution is an equal opportunity provider and employer

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- Carb Counts are listed in [blue](#).
- Menus are subject to change without notice due to item availability and utilization at each school site.